

Verifying Your Health Insurance Benefits Worksheet

Please take this worksheet home to check your benefit coverage with your insurance company for all of the services Pinnacle Medical Wellness offers. You will need to have your insurance card prior to calling your insurance provider's customer service number. This number is located on the back of your insurance card. If you are not the primary card holder, you will need to know the primary card holder's date of birth and possibly his/her social security number. Pinnacle's NPI number is 1225116916 should your carrier require it.

General Information

What is my deductible? _____ How much have I met? _____

Do I have a co-pay? ___Yes ___No If yes, how much is it? _____

Do I have co-insurance? ___Yes ___No If yes, how much is it? _____ For PT and/or MNT? _____

Physical Therapy & Occupational Therapy – (please state that you are inquiring about **outpatient** benefits)

What is Physical Therapy/Occupational Therapy covered at? _____ How many visits do I get? _____

How many visits are left? _____

Are these visits combined with any other services? ___Yes ___No If yes, which ones? _____

Do I need a prescription or referral from my doctor? ___Yes ___No

Do I need to get pre-authorization before I start? ___Yes ___No

Medical Nutrition Therapy

Is Nutrition Counseling by a **Registered Dietitian and/or Certified Nutritionist** covered? ___Yes ___No

How many visits do I get? _____ How many left? _____

Are these visits combined with any other services? ___Yes ___No If yes, which ones? _____

Do I need a prescription or referral from my doctor? ___Yes ___No

Do I need to get pre-authorization before I start? ___Yes ___No

Is metabolic testing covered? ___Yes ___No